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சுகாதார அமைச்சு MINISTRY OF HEALTH

All Deputy Director Generals
Director/ Quarantine
Chief Epidemiologist
Provincial Directors of Health Services
Regional Directors of Health Services
Directors/ Medical Superintendents of all Hospitals
Heads of quarantine /isolation / intermediate care centers
Regional Epidemiologists
Medical Officers of Health

Quarantine measures for travellers arriving from overseas during the pandemic of COVID-19

All incoming passengers or tourists should get approval to enter the country from the Foreign Ministry and other relevant authorities or from Sri Lanka Tourism respectively.

All travellers should submit the filled Health Declaration Form to the staff of Airport Health Office at Health counters at the arriving airport.

1. Quarantine measures for Sri Lankan citizens/dual citizens and foreign nationals

A) Passengers completed recommended doses of COVID-19 vaccination and arriving after two weeks of completion of vaccination

- 1. Should have received recommended doses of COVID-19 vaccination
- 2. Should arrive after two weeks of completion of COVID-19 vaccination
 - 3. On arrival, should produce the original copy of the vaccination certificate together with a certified copy of English language translation if the certificate is not in English language, to the Airport Health Officer.
 - 4. They should be transported by government authorities to a Quarantine Hotel/ Centre
 - 5. Should do a COVID-19 PCR test within 24 hours after arrival (Day One) from a Health Ministry approved private sector laboratory/ state sector laboratory.

6. Once the PCR report is available, they can be released from Quarantine Hotel/Centre by issuing a discharge document by the quarantine authority at the Hotel/Centre mentioning date of PCR sample collection and PCR test result.

7. They should arrange their own transport method to go to their homes from Quarantine Hotel/Centre and should practice COVID-19 preventive measures throughout their travel.

8. Immediately after arrival to their home, they should promptly inform to the area Medical Officer of Health (MOH) by telephone or email and produce discharge document issued by the quarantine authority at the Hotel/Centre.

9. After informing the area MOH, as the passenger has completed the vaccination and having negative PCR report on Day one of arrival, they need not be quarantined further.

10. Area MOH should email the details (Name of the traveller, Passport Number, Date and time of arrival to Sri Lanka, address of the home/residence, contact telephone number, Date of arrival to home) to the Regional Epidemiologist and Epidemiology Unit (chepid@sltnet.lk and samithag@hotmail.com) of the Ministry of Health.

11. All travellers should undergo repeat PCR on the Day Seven after arrival to Sri Lanka from a Health Ministry approved private sector laboratory/ state sector laboratory.

- 12. If febrile or display respiratory symptoms of COVID-19, should inform promptly to area MOH
- 13. All PCR test results should be promptly informed to the area MOH and area MOH should email to the Regional Epidemiologist and Epidemiology Unit (to the email address given above) as soon as they are available.

14. If the PCR test result is positive, should inform the area MOH and follow the treatment protocol of Ministry of Health

- B) Passengers who have not given the COVID-19 vaccination / not completed the recommended doses of vaccination / arrive to Sri Lanka within less than two weeks of vaccination
- a) Passengers undergoing Hotel Quarantine (single or shared by family members)
 - 1. COVID-19 PCR testing should be done on Day One and Day Seven.
 - 2. Once results are available and if both tests are negative, release from the hotel after completion of Day Seven.
 - They should arrange their private transport method to go to their homes from quarantine hotels and should practice COVID-19 preventive measures throughout their travel.
 - Drivers of the vehicles should wear appropriate personal protective equipment and adhere to COVID-19 preventive measures when transporting travellers
 - 15. Immediately after arrival to their home, they should promptly inform to the area Medical Officer of Health (MOH) by telephone or email and produce the discharge document issued by the quarantine authority at the Quarantine Hotel mentioning the dates of PCR sample collection and PCR test result on Day One and Day Seven.
 - 5. Balance quarantine period (out of 14 days) should be mandatorily home quarantined under the supervision of area MOH.
 - If febrile or display respiratory symptoms of COVID-19 during the quarantine period, should inform promptly to area MOH

7. If the Day One or Day Seven PCR test result is positive, should inform the area MOH and follow the treatment protocol of Ministry of Health.

b) Passengers undergoing Centre-based Quarantine with shared facilities

- 1. COVID-19 PCR testing should be done on Day One and Day Ten.
- 2. Once results are available and if both tests are negative, they can be released from Quarantine Centre after completion of Day Ten.
- 3. They should arrange their private transport method to go to their homes from quarantine hotels and should practice COVID-19 preventive measures throughout their travel.
- 4. Drivers of the vehicles should wear appropriate personal protective equipment and adhere to COVID-19 preventive measures when transporting travellers
- 5. Immediately after arrival to their home, they should promptly inform to the area Medical Officer of Health (MOH) by telephone or email and produce the discharge document issued by the quarantine authority at the Quarantine Centre mentioning the dates of PCR sample collection and PCR test result on Day One and Day Ten.
- 6. Balance quarantine period (out of 14 days) should be mandatorily home quarantined under the supervision of area MOH
- 7. If febrile or display respiratory symptoms of COVID-19 during the quarantine period, should inform promptly to area MOH
- 8. If the Day One or Day Ten PCR test result is positive, should inform the area MOH and follow the treatment protocol of Ministry of Health.

2. Quarantine measures for tourists arriving from overseas via Sri Lanka Tourism

Should get the approval from Sri Lanka Tourism through https://www.srilanka.travel/helloagain/. Need to abide with the guidelines imposed for tourists by Government of Sri Lanka

A) Tourists completed recommended doses of COVID-19 vaccination and arriving after two weeks of completion of vaccination

- 1. On arrival, should produce the original copy of the vaccination certificate together with a certified English language translation if the certificate is not in English language, to the Airport Health Officer.
- 2. Tourists should be quarantined in a certified hotel for tourists
- 3. Should do a COVID-19 PCR test within 24 hours after arrival (**Day One**) from a Health Ministry approved private sector laboratory and private laboratory team should do the sample collection at the hotel
- 4. Hotel management should take measures to inform details of the tourists to the area Medical Officer of Health (MOH) on Day One of arrival and provide photocopies of PCR test reports.
- 5. The tourist should produce the original copy of the vaccination certificate together with a certified English language translation if the certificate is not in English language to the hotel management. The hotel management should keep a photocopy of the vaccination

certificate and ensure that only such vaccinated tourists are permitted to avail the

provisions under this category.

6. If Day One PCR test result is negative, tourists should stay in the same hotel until completion of day seven and can visit approved important sites in a bio security bubble from the date where Day One PCR report is available and up to seven days of arrival.

7. If febrile or display respiratory symptoms of COVID-19, should inform promptly to area

8. After completion of seven days, they should undergo a repeat PCR test on Day Seven conducted by a Health Ministry approved private sector laboratory and if the test result is negative, they can leave the hotel and are free to make their own travel arrangements with the travel agent after getting the clearance from area MOH.

9. If the PCR test result is positive, hotel management should inform the area MOH and

follow the treatment protocol of Ministry of Health.

B) Tourists who have not taken the COVID-19 vaccination / not completed the recommended doses of vaccination / arrive to Sri Lanka within less than two weeks of vaccination

1. Should mandatorily quarantine in a certified hotel for tourists.

2. Should do a COVID-19 PCR test within 24 hours after arrival (Day One) from a Health Ministry approved private sector laboratory and private laboratory team should do the sample collection at the hotel

3. Hotel management should take measures to inform details of the tourists to the area Medical Officer of Health (MOH) on Day One of arrival and provide photocopies of

PCR test reports.

4. If the tourist departs from Sri Lanka within less than fourteen days, second PCR test should be done depending on the date of departure and should have a negative test report before departure (eg. If the tourist departs on Day eight, second PCR test should be done on Day 6th to 7th).

5. If the tourist stays for less than 96 hours (ninety six hours) in Sri Lanka, no need to conduct the exit PCR and it is needed only if there is a requirement of the airline/country

of destination.

6. If the tourist stays up to fourteen days or more, second PCR test should be conducted on Day 11th to 14th.

7. Once the Day One results are available and negative, tourists can visit the approved important sites in a bio security bubble.

8. Should not change the hotels until fourteen days are completed. If staying for more than 14 days, they can be released on Day 14 with negative PCR reports.

9. If febrile or display symptoms of COVID-19, should inform promptly to area MOH

10. At the end of 14 days of arrival, tourists can be released from the quarantine hotel if the PCR test results on Day One and Day 11th to 14th are negative.

11. If the PCR test result is positive, hotel management should inform the area MOH and

follow the treatment protocol of Ministry of Health.

This guideline will be reviewed depending on the COVID-19 status in the country and global situation.

This is an amendment to My letter No. DQ/06/2020 dated 2020.12.04 titled Quarantine measures during and after mandatory/extended quarantine period or after discharge from isolation/intermediate care centers/hospitals during the pandemic of COVID-19.

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